

## Hawaii Toast

### Ingredients:

2 slices of whole wheat toast

1/4 cup of pineapple

1 slice of ham

1 slice of cheese

1 tbsp. ketchup

### Directions:

1. Cut the pineapple and ham into cubes.
2. Cut the cheese into small pieces.
3. Wipe a layer of ketchup on the toast.
4. Put the toppings pineapple and ham.
5. Put cheese on top.
6. Bake until the cheese melts.

Serves: 2