

## Tofu Fish Head Soup

### Ingredients:

- 1 fish head
- 4 pieces of tofu (bean curd)
- 8 dried red dates
- 2 pieces of ginger
- a little salt
- a little oil (olive oil)

### Directions:

1. Clean and remove the seeds of the red dates.
2. Cut the fish head into halves, clean well and drain.
3. Fry the fish head with ginger.
4. Boil a pot of water, then put in the fish head, bean curd, red dates and ginger.  
Cook about half hour.
5. When the soup is cooked, add a little salt.

Serves: 6